Basic health policy: Three pillars	Health investment (Specific measures)	Health investment benefits			Management
		Indicators regarding the status of health investment measures	Indicators related to changes in employees' awareness and behavior	<b>Health-related final goal indicators</b> The ultimate goal is to improve true health and productivity	issues to be solved by health and productivity management
① Improving health literacy	Education /Communication	Participation rate	Improving understanding		
	Leveraging the health system			Improving subjective well-being	
② Maintenance and improvement of mental and physical health	Health checkups	Consultation rate	Reducing the rate of employees who have detailed	Improvement of Presenteeism	Maximizing the
	Measures to address women's specific health issues	Participation rate	examinations	(Lower productivity at work due to health issues)	performance of each employe
	Prevention of aggravation Specific health guidance	Participation rate	Reduction in the applicable rate	employees with findings (lifestyle-related disease s)  Improvement of	
	Measures to address exercise, eating and sleep habits	Participation rate	Increasing the rate of employees who have good exercise, eating and sleeping habits	Absenteeism (absence due to health issues)	
	Promotion of smoking cessation	Participation rate	Reducing smoking rates	Reducing the ratio of	
③ Improvement of work environment	Stress Check	Stress check participation rate  Self-care/managerial support participation rate  Percentage of people working long hours	Reducing the ratio of employees with high stress	employees on mental health leave	Contributing
			Reducing stress ratio  Reducing long working hours	Increasing organizational satisfaction (motivation, etc.)	of corporate value and social development
	Maintenance and improvement of the workplace culture and				
	environment	Improving organizational and workplace environments	Reducing organizational and workplace risks	etc.)	

<sup>\*</sup>Health checkups include cancer screenings, gynecological examinations, brain checkups, influenza vaccinations, etc.